

Rhythm

July 20 - August 10, 2025

Overview

This sermon series, *Rhythm*, explores the idea that life is not about achieving a perfect balance but about living into the seasonal rhythms God has established in creation and Scripture. Each week, the series focuses on an area of life—faith, family, work, and rest—inviting the congregation to align their lives with these God-ordained rhythms.

Through this series, participants will:

- Recognize the futility of striving for perfect balance in life.
- Learn to embrace the dynamic, seasonal rhythms God has woven into creation and Scripture.
- Discover practical ways to integrate these rhythms into their daily lives.

The Goals of the Series

- Help the congregation shift from the pursuit of balance to the acceptance of God's rhythms.
- Equip participants to identify and embrace seasonal focuses in their lives.
- Inspire a deeper connection to God through practical steps in faith, family, work, and rest.

Sermon Schedule

Sunday	Sermon Title	Scripture
7/20/25	Evidence of Things Unseen	Proverbs 3:5-6. Hebrews 11:1-2, 39-40
7/27/25	Where Your Family Fits	Luke 14:25-35
8/3/25	Your Waking Hours	Mark 11:12-21
8/10/25	Don't Forget To Breathe	Exodus 31:12-17

Summaries of the sermons created by ChatGPT.

Week 1 | Evidence of Things Unseen | Proverbs 3:5-6, Hebrews 11:1-2, 39-40

This sermon opens the series by exploring the rhythm of *faith*. Drawing from Hebrews 11 and Proverbs 3, it contrasts faith with the pursuit of certainty and control. Faith is described not as belief but as trust—a trust in God's unseen yet faithful guidance. The message emphasizes that faith is foundational to life's rhythms, enabling us to embrace seasons of uncertainty with confidence in God's promises.

Week 2 | Where Your Family Fits | Luke 14:25-35

This sermon examines the rhythm of *family*, focusing on the challenging call to prioritize discipleship above all else. Using Jesus' teaching in Luke 14, the message addresses how to place family relationships within the broader context of God's kingdom. It encourages participants to invest in their families in ways that reflect God's priorities, balancing love and sacrifice with eternal purpose.

Week 3: Your Waking Hours | Mark 11:12-21

This sermon dives into the rhythm of *work*, asking how we spend the majority of our waking hours and why. Through the lens of Mark's Gospel, it reflects on the purpose and motivation behind our labor. The story of Jesus' healing works reveals that our work should reflect God's kingdom's purposes, bringing life, healing, and hope. Participants are challenged to align their efforts with God's calling, whether in careers, caregiving, or other daily tasks

Week 4: Don't Forget to Breathe | Exodus 31:12-17

The series concludes with the rhythm of *rest*. This sermon highlights the importance of Sabbath as a gift and command from God. Drawing on Exodus 31, it explores rest as an act of trust and a sign of God's covenant. Rest is framed not as inactivity but as an intentional space to reconnect with God and find peace. Participants are encouraged to create patterns of daily, weekly, and seasonal rest that restore their souls and align their lives with God's rhythm.